

## **Primary Activities Weekly Menu**

Science & Language	Practical Life	Practical Life	Art & Language
Explore the website  www.howstuffworks.com  and find a section that interests you. Write down or have someone write down interesting facts you learned.	Sweep the floor.	Have an adult help you cut pieces of paper to make a paper chain. Can you write down one thing every day that you are grateful for and add it to the chain?	Draw or write a grocery list for your family.
Physical Activity	Language	Math	Practical Life
Balance on one foot for ten seconds.	Cut out pictures from a magazine and make a picture book. Tell a story.	Can you identify a penny? Can you count them?	Bubble making: bowl, pitcher for water, whisk, dish soap.
Art	Sensorial	Practical Life	Culture
Have you heard of the artist Piet Mondrian and the fact that he liked to use primary colors?  Make your picture using primary colors.	Try a new food this week. Is it sour, sweet, salty, umami or bitter? Write or tell a friend your experience.	Carry a cup of water on a tray. Clean up any spill.	The first week of May is <b>Be Kind to Animals Week</b> . Write a story that expresses the importance of animals in your life. Or tell an adult or friend.
Math	Virtual Field Trip	Cooking	Music
Count by groups of 10 your books, toys such as Legos, blocks etc.	Have a virtual trip to Kenai Fjords National Park, Alaska	Try the recipe: Guacamole with fruits (click on the link below).	Learn a new song.
Culture	Sensorial	Physical Activity	Math/Spanish
Name all of the planets. Read facts about them and write some interesting facts that you learn.	Find some objects to build with. How high can you go? How long? How wide?	Play your favorite music and dance!	Count objects in Spanish. How many grapes, Goldfish, pretzels you have for snack?

## Kenai Fjords National Park, Alaska

https://artsandculture.withgoogle.com/en-us/national-parks-service/kenai-fjords/exit-glacier-tour

## Recipe: Guacamole with fruits

https://cooking.nytimes.com/recipes/1013413-guacamole-con-frutas?action=click&module=Collection%20Page%20Recipe%20Card&region=53%20Recipes%20to%20Cook%20With%20Your%20Kids&pgType=collection&rank=6