

Primary Activities Weekly Menu

Art & Language	Practical Life	Practical Life	Art
May is National Photography Month. Print five of your favorite pictures and write about them.	Fold laundry this week. If you are not sure how, ask your parent for a lesson.	Practice tying your shoes.	Draw your favorite part of your house.
Physical Activity	Language	Math	Practical Life
Bend and touch your toes ten times.	Pick your favorite book and read with someone. Tell the person why it is your favorite book.	How tall is your mom or dad? Without using a tape measure, estimate or find a way to measure the height of one of your parents.	Use pasta, pony beads or pearl beads to make a bracelet.
Practical Life	Sensorial	Science	Culture
Work on a 60 or 100 pieces puzzle!	Choose six objects with different textures. Can you order them from the smoothest to the roughest?	Make a homemade giant bubble solution and wand. (see recipe below)	Learn the “Happy Birthday” song in a new language. Ask your parents to help you.
Math	Virtual Field Trip	Language	Music
Search your home for items that are the shape of a triangle . Make a list of five objects you find.	Visit the Van Gogh Museum in Amsterdam (click on the link below).	Ask an adult to choose three items from their bag or home. Invent a story around those three items.	Listen to Vivaldi’s Spring piece.

Culture	Practical Life	Physical Activity	Spanish
Print a world map and color the countries you have visited.	Pound spices with a mortar and pestle.	Play Freeze Dance: when the music stops, freeze! Repeat, and have fun!	Draw five things that have the color <i>azul</i> and take a picture to share with Ms. Anelis!

Van Gogh Museum:

<https://www.vangoghmuseum.nl/en?v=1>

Recipe: Homemade giant bubble recipe (from the website “Happy Hooligans”):

<https://happyhooligans.ca/homemade-giant-bubbles/>

Ingredients:

- 6 cups water (distilled is best but tap water is fine)
- 1/2 cup blue Dawn dish detergent (Dawn original is even better)
- 1/2 cup corn starch
- 1 tbsp baking powder
- 1 tbsp glycerine

You will also need a giant bubble wand:

Two drinking straws and a length of yarn that was 6 to 8 times longer than the length of one straw. Thread the yarn through the straws, tie a knot, and you’re good to go!

How to make the giant bubbles solution:

1. Dissolve cornstarch in the water, stirring really well.
2. Add remaining ingredients. Stir in the rest off the ingredients, being very careful **not** to create a lot of froth.
3. Let it sit. Allow your bubble mixture to sit for *at least* an hour before using, stirring occasionally when you see the cornstarch settling to the bottom.

Note: Some of the cornstarch won’t dissolve completely and may even settle to the bottom when you’re using your bubble mixture, but it won’t affect the quality of your bubbles.

TIP: We find this bubble solution easiest to use if we pour it into a shallow baking pan or a large casserole dish. I like to use my largest (11x15) Pyrex dish. It allows us to get our wands completely submerged when loading them up with the bubble mix.